

**THE
UN-BE-KNOWN**

ALPHA & OMEGA

BY
ELENI KARAYIANNIS

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Introduction

This book was written for you, it has been inspired by personal experience and written to help those of you who can relate to most of what has been put on these pages.

There is included **note** pages so that you can use it as well as read it, you may wish to add comments, inspirations, confessions or scriptures that may come to mind.

This is your very own workbook.

It is intended that more workbooks will be written in the future and I invite you to be a part of that, please if you would like to share anything ie: testimonies, or comments, please feel free to send your materiel to the author at:

64, Hewitt Rd
Haringey
London N8 OBL

I will write to you to confirm beforehand if the testimonies you send in will be used.

Many thanks to those who have been my friends and those who have been my enemies, they have all taught me many things about myself.

The Un-Be-Known

Unbeknown to some of humanity things are not what they seem. The world is the reflection of our thoughts, which have been influenced by those around us i.e. parents, friends, peers, and the media not forgetting most importantly ourselves.

When using a strainer (sieve) the purity of what is filtered through depends on how *clear* the instrument used is.

So what this reveals to us is that in the long run our programming may have been non-beneficial to us and to those who cross our path.

Now for the good news, fortunately there are members of the human race that have chosen to reverse their mindsets by *unlocking* the power that is locked within and it may have been something that started quite unconsciously, then inevitably it became a quest that had to be fulfilled.

These members are growing in number for the benefit of all because they know that this consciousness is growing and there are many who are going through this process, already aware and helping those of us who need the encouragement and assistance in creating this positive mindset until it becomes a knowing not a *thinking* that all is well, enabling complete perfection to be seen by those who *think* otherwise. Working at all times for the greater good, seeing life complete and perfect in its so-called imperfection, *knowing* the power the mind has over a belief, because what a person believes *is* what they *will* to receive.

This statement is bound to stir many that *is* its purpose.

“And whatever things you ask in prayer, *believing*, you will receive.”

Does this mean that our every thought is a prayer?

Does it also mean that the inner dialogue may be others and our worst enemy?

The time has come to ask a few very important questions that have to be answered honestly.

Please read and register.

- On how many occasions has a thought or idea come to mind where sooner or later the thought has become a reality and this statement would follow: I KNEW THAT WAS GOING TO HAPPEN! Well that is exactly why it did. The *belief* in it happening.
- Therefore, does this tell us something?
- Does it tell us that what we think effects our lives?

Well there are many more questions that need to be answered if a person is willing to go on this journey through the passage of the unknown (the darkness) this darkness is a description of our inner state of blindness therefore there must be a way to the door that *once* opened activates the way to a belief that will give us a view of life that perhaps we haven't had in the past, bringing everything to light, because where there is light all can be seen, all is revealed and where there is light darkness does not exist (*once* being the operative word that activates the renewing of the mind).

It takes courage to fearlessly refuse to adopt any of other people's negative beliefs, why courage you may ask?

When a person sees darkness and you only see light the person who sees the darkness wants others to see that darkness too, so we come to another question, how can a person who only sees light see darkness?

The person who also used to believe in the dark, once away from it and believes only in the light cannot and chooses not to return believing in the dark, because it no longer profits them to.

Does this mean then that there is a battle in progress?

As we move on it gets more difficult to articulate, because the darkness can be so subtle almost undetectable in most cases depending on the individuals sentimentality to the perhaps negative belief that keeps them from moving toward the light.

Defining the negative belief:

- A person, who listens to statements from within as well as from without (others), implying they are unhappy, incapable or useless, the list could go on.

One of the most common errors that a person allows into the belief system is blame:

I began smoking because my friends did.

We see this person has abandoned responsibility of the part they played in this, that the *thought* of taking this action is their *own* decision and a thought that *they* alone own. No one put a gun to their head.

When we delve a little deeper we soon realise this is a frequent problem, it is a problem because subconsciously we are pointing to others (blaming) for our own thoughts and decisions.

You made me annoyed with you.

Again this statement is basically saying that other peoples behaviour or words have power over ***our*** thoughts and behaviour, but in reality ***we*** are the ones who have ***allowed*** that to happen because no one can tell us **how to think** or **respond**, ***we*** do that.

A human's **action** is always the result of a **thought**.

For a human being to function as God has intended, these useless statements have to be ignored because they are an utter lie, all human beings *have* the capacity to be:

- Kind (really wanting to be and expecting nothing in return).
- Forgiving (toward those who hurt us verbally, mentally and physically intentionally or not, and understanding that their behaviour is really about *their own* conditioning and programming).

- Loving (to themselves and to others because they own their mind, the thoughts adopted are chosen by no other but themselves according to the dialogue of their mind).

Once the positive thinking pattern develops, grows and is mastered it can also be distributed to others if they so desire its that simple.

No matter how awful life has been up to this moment the *track* of our thinking is totally our own choice.

The tragedy that can come about in the things that happen in our lives is *how we view them*, do we see that everything has its purpose, do we focus continually on the dark side of a situation, do *we* choose whether we want to learn, develop and grow to a higher state of existence, do we choose to be angry, to hold on to grief, to be unforgiving, to hate, to be jealous, to carry all sorts of burdens that have no healthy purpose for us, for when we choose these things *we* choose to kill the spirit within us.

Will we continue to behave In this way or are we choosing to dare see our contribution in every statement *we* make and that perhaps there is something in all life's situations that can serve our spirit?

The earth is but a learning arena, the spiritual filling station of life where we are developing at a rate that *we* choose and growing (as an embryo in its mothers womb) to be born again as a new creation thinking and acting in a new way a way that sometimes baffles those around you, because the change is so evident and to say the least different to that which is accustomed.

This new creation often frightens others because another problem for the human to adapt to is change, why?

Because the unknown *seems* frightening and unless we dare to tread in unknown waters how on Earth will we ever find Heaven.

Negative thinking can be tragic to an individual.

How do we prevent this tragedy from occurring?

There are a few methods to do this depending on what the dialogue is, remember there is a battle going on. When the negative dialogue begins it must be stopped immediately, a method that has been found to be useful is imagining a little man standing in the centre of the mind hitting thoughts that are of no constructive use in a kung fu fashion or for those of us who believe that *Jesus* was the first to master keeping the mind in a positive loving state imagine Him putting up his right hand to block those thoughts from entering. This is what is better known as bringing our thoughts to the obedience of Christ. This is not a course in religion this is a survival kit that has been put into practice by yours truly.

When the negative dialogue begins (which may come from within or without), for our own sanity it has to stop.

To turn around the negative dialogue into positive dialogue from within is straining to begin with (practice makes perfect).

If you wanted a fit body you would take up a form of exercise or go to the gym, no pain, no gain, either way, maybe at first its quite an effort perhaps, the same applies to changing our

conditioned/programmed thinking because its hard work monitoring our thoughts, adjusting our mindsets to a more positive, constructive state that serves not only ourselves but also those in our lives and those who cross our path.

We therefore find that when we can adjust *our own* thinking we effect those around us too, so we have something called the domino effect.

As we confront the dialogue that serves no edification from within and make the necessary adjustments, the negative dialogue from without (from others) may conflict with our new mindset because we have to remember that others may still be functioning from what was once our belief system, therefore we may witness an aggressive response when their mindset is in jeopardy, because they may not be ready for a shift toward the light.

Clouded thinking

Clouded thinking occurs when the belief system adopts untruths (thoughts that do not edify anyone and are destructive).

➤ When does the mind adopt untruths?

When we feed our mind with anger, hate unforgiveness, resentment, fear, anxiety, jealousy etc.

This distorts our vision, clouding and poisoning the mind enough to cause damage to others and us. This brings to mind you are what you eat, feed the mind positive happy thoughts and you will be the product of that.

Holding on to doom and gloom long enough can destroy an individual and those who cross their path.

When this goes on for years the mind can become quite dark in its perception and its perspective (how it views its interior and exterior world).

It may create a dark reality.

➤ How can one tell that something is amiss within oneself?

From personal experience, identifying the untruth (something that does not serve the purpose of love) is to be conscious of the flesh the carnal mind, that which does not function from a source of love.

➤ What does this mean?

When interacting (in conversation) with another person, if a trembling around my throat/chest area is noticed, its an indication that there is what I call a trouble maker within myself that may need to be dealt with (a programmed belief, an untruth).

Therefore the desire to entertain the trouble maker, make judgements on an other individual or take action is totally abandoned.

Self examination is called for to *locate* the untruth that may have taken residence within.

When in a condition of untruth as just described, the best thing to do is nothing, entertaining it only feeds the untruth (silence is golden), recognizing that there is something other than love attempting to drive me.

So the best thing to do is simply dismiss any dialogue as described earlier, no thought, no action.

Once the trembling has gone and time has elapsed, I begin to reflect, to work out a remedy that will clear the untruth.

Bringing every thought into captivity to the obedience of Christ.

Calling on the name of Jesus for assistance and guidance, the trouble maker (the untruth) may be identified, confronted, eliminated and being able to serve in the purpose of love for all concerned. This is the best way to describe sustaining peace with fellow human beings, checking on what is housed in my own mindset, keeps me out of the dark and in the presence of Love, Light or more precise the Most High God our Father in heaven. God is love.

Love feeds life into our mind, body and soul, Jesus *is* the bread of life.

THE MIS-TAKE

Most people may find themselves at one time or another going through the same experiences in life with one difference, the stage is set as usual but maybe the props and characters have changed.

The MIS-TAKE is when we do not see that our role in these situations have *not* changed to our previous acts, therefore we end up with the same previous results.

Question:

Why does this always happen to me?

The bubble has to be burst here and this will probably stir the reader, it happens perhaps because our *thinking* and *dealing* with situations that occur have not yet been changed therefore we end up with the same previous results.

Instead we need to see that these life situations are actually happening for us, a bold statement but true, because self pity may blind us from learning to grow, and our growth is in moving on from the situations that have come our way purely to teach us to be better people, people who function from a source of love, love for oneself and others, not a person who chooses to keep on beating there mind with the same old thinking patterns that have no beneficial outcome.

THE MISTAKE

The mistake is when we try to tell a person *how* to think because it is a journey they must encounter for themselves.

When a person is given instructions on how to reach a destination, the only way that they will *know* the way is when they walk the walk for themselves , basically *their* mind has to take the journey, and see what the opportunity of life is *giving* them to grow.

What can we do to assist others toward the shift into the Light?

Serving our fellow brothers and sisters with patience, a listening ear and encouraging the principles of God into their lives.

The Friend

We are all here with a purpose, that is to give and receive love.

To *receive* love can be *just* as stretching as *giving* love.

How often do we shun the efforts of those around us, maybe because we fear their motives or their expectations of us.

Maybe we need to be more trusting, having more faith in Him who is in us.

Many times we ask for something new in our lives and almost in the very same breath we close the doors of opportunity with our preconceptions, fear based beliefs and prejudgements.

Many times, making excuses, avoiding the gift that has been prepared for us.

Perhaps already expecting the worst.

Are we fortune tellers are we mind readers?

So many times I have caught my *self* deciding what others around me are going to think.

The thing that dawned on me a long time ago is that I am *not* the other person.

People are not wired up the same as I am and therefore I cannot possibly know what another persons response is going to be.

The self provides us with many excuses, to be sceptical to the power that is within each and every one of us, that power is Love.

The self will warn us to proceed cautiously, to avoid giving or receiving because we may be taken advantage of.

We must know who we are and understand that nobody has the power to take advantage of us unless we allow them to, because there is a pay-off for us.

Do we keep silent or do we speak out at the appropriate times.

We must stay true at all times.

A lady once shared that she was extremely fed up with a particular friend that kept visiting her house at inconvenient times.

She said that she was angry at this person for doing so.

Being afraid that she would have to be rude to her, she did her best to avoid her, even though she really valued her as a friend.

I asked her why she wasn't able to say to her visitor that she would appreciate her *calling* before coming around?

Oh she said I cant do that, it would upset her and I wouldn't want to lose her friendship.

Wasn't she already losing it and by her own choice?

This lady was doing what we so often do, deciding how the other person would respond to us.

By allowing so much anger to fester, she was *already* losing the friendship she treasured.

Surely a good friend would understand and appreciate her honesty?

Instead the visitor was oblivious to the irritation her friend was feeling.

The outcome of their relationship could have been destroyed or strengthened depending on the decision of the lady in question.

There was a pay-off for this lady, or so she thought and it was to be *liked* at all costs.

Maybe so, but in fact she was heading toward a road that would have caused her to explode, saying something she didn't mean and justifying it afterwards, how many times do *we* fall into this trap.

If we were to put ourselves in the visitors shoes, would we not prefer and respect our friends honesty from the start?

We cannot expect others to read our minds, and it is not rude to express the truth to those around us as long as we remember to do it with *care* and *respect*.

Then we will receive the same in return.

Becoming a witness to the events around us and using them for learning, we can communicate effectively, and we begin to listen well.

If we think ourselves as important, do we see others as less important?

When we can remove the idea of self importance, we are free to be equal.

Free to respect decisions made by others, free to be peacemakers in this world.

When our being is free from self importance we can observe and deal with our surroundings with the love that resides within us.

The Desire of Our Hearts

So often we get what we ask for, yet when we ask we are not fully aware of what the request entails.

Desiring a baby for example.

Are we prepared for what that involves, of course not but we learn as we go along that it is not an easy task.

We are adaptable creatures, therefore we mould into the role that we have chosen to play. But do we do it well?

I have a lot to be grateful for the existence of my children, they have been the tools that have taught me to be a better parent, they have brought to my attention the fact that I am their equal. Before waking up to this fact I dealt with them quite differently.

Testimony:

I have four children, two girls two boys, if you are a parent you will realise that they play off each other for attention, I call this seeking to be filled (to puff their ego).

Maybe you remember this feeling when you did this in your own family growing up, Feeling quite pleased with yourself when you managed to get your siblings told off by your parents or guardians.

There was a particular day that I remember learning a new approach, I was at a neighbours house catching up with the latest when my youngest son came to report to me that his brother was teasing him and refusing to let him use my mobile.

Normally I would have excused myself and gone to my older son to tell him off and get the phone off him to give to my younger son.

What was I teaching my boys in this behaviour?

Well I would be teaching the younger one that *I* am his saviour, and that he gets results when he runs to mum.

The older boy would see that my intimidation gets results and that if he was irritating enough he would get my attention too.

I quickly realised something had to change and that change was to start with me.

I paused as my youngest son reported to me, I began to speak, well, I said, you have three options:

1. Go back to the house and fight with your brother until you get the phone.
2. Go back and wait till he sees that his behaviour has no affect on you and when he gets bored with teasing you, pick up the phone and use it.
3. Go to the local shops and use the phone box.

Something had changed in all three of us that day, I became a better parent but more importantly I taught my youngest son that he has choices and that he holds the power of making decisions on his own.

He later told me that he opted for choice number two (the older brother was no longer getting filled at the younger ones expense).

For the older boy, he was not exposed to the intimidation that normally would have been demonstrated by me in the past.

On another occasion it was the older son that came to be filled at his younger brothers expense.

I just walked through the front door when he came storming down the stairs threatening to hit his younger brother.

Remembering that I was learning a new way of being a better parent, I asked him why he felt this way. He said that his brother was annoying him.

I pointed out that actually his brother did not have the power to give him his emotions of anger, that it was how he processed what his brother was doing that caused him to be angry and that he was the owner of the thoughts that ran through his mind and that he could choose not to be angry.

My eldest boy was not being filled at his brothers expense and tried another strategy.

He then began to threaten me (because he wasn't getting the response he was used to).

In the past I would have pulled rank on him (how dare you speak to me like that I'm your mother). Or perhaps *I* would intimidate him.

What would that teach him?

It would teach him that I am higher or better than him, that I am an authority that he should fear and respect.

The reality is that I am to demonstrate a mature attitude towards him and then he would automatically cultivate that respect.

Yet in actual fact In my old behaviour I was teaching him that he is not my equal, that he should fear authority and inviting him to be rebellious.

He could see that the tactics that normally *worked* for him were no longer working, by now he was clutching at straws.

He then began to tell me how his younger sister had been horrible to him and teasing him.

He said that she had said things to her friends that were not true, I asked him if he believed that they were not true, he said yes , I then asked him if he knew that they were not true and again he replied yes.

I continued to point out to him that if he knew all these things there was no need to upset himself.

Yet again he was not filled.

By now, his voice had reached a high pitch and he began to point the finger at his sister once again, " you don't know what she did, she put the plate in the microwave and it had nothing in it and it could have exploded."

I told him that it hadn't and even if it did we would have replaced it.

I was already becoming tearful, because I knew *I* had changed in that moment.

By now he had exhausted all of the avenues that normally would have got a response from me that would fill him at the expense of his siblings.

He broke down in tears and so I also knew that something had broken in both of us (our old habits, old behaviour patterns).

New creations were in the moulding.

Sometimes we still behave as we did as children, seeking support from others at the expense of those that touch our lives (they are our brothers and sisters).

We are humans being, and we choose to be the desire of our heart.

How do we die for our brothers and sisters?

To find the answer we must understand what is really happening in the world around us. We need to know how *this* world's mind functions and we need to find out how it came to function as it does.

Once we can diagnose and acknowledge the error of its thinking, we can recognize the remedy for that which may be destructive.

The remedy may be rejected or even despised by the world as we know it. Why?

It breaks down and challenges the previous false beliefs that have moved on through many generations.

It is our duty as a race to inquire, seek and find the truth if we are to function healthily. We need to examine the part we play toward the outcome of every moment. The beauty in doing so is that it is a mission accessible to every human being.

When someone comes to us in ways that *seem* unreasonable, it is *our gift* and *our opportunity* to speak a *life giving word* in that person's life.

We must be able to respond in a way that will beckon destructive mindsets into a mindset that is constructive.

Can we expose *our* attempts fashioned for others to see *our* way?

Do we desire to be transformed?

TRANS means over, across or beyond, it is our choice to be formed over across and beyond our limited ability.

ROM 12:2

Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect.

Do Words Lead to Destruction?

Not when we know who we are, but how we respond to peoples words or comments can. The way that we interact with others can either help bring a person closer to the truth or push them deeper into what has *seemed* to be the truth for them for a very long time.

To die for others is to die to the destructive ways of responding, to remember to respond with love as the priority.

To be kind instead of being right, even when we know something to be true.

When we attempt to get a message across, do we succeed *because* of our method?

Do we criticise or invalidate a character, even resort to outright name calling? *Just to be right?*

Does our approach help situations, or are we filled at an others expense?

Are we adamant or aggressive to prove the truth *or* can we rather do it by displaying it?

The truth will inevitably reveal itself sooner or later to those who seek it.

Giving others the choice to enter into the truth in their own mind, in their own time, in their own ability and not ours.

JOHN 21:22-23

Jesus said to him, "If it is my will that he remain until I come, what is that to you? Follow me!" ²³ **The saying spread abroad among the brethren that this disciple was not to die; yet Jesus did not say to him that he was not to die, but, "If it is my will that he remain until I come, what is that to you?"**

Some need more time than others to receive the truth and some false beliefs are deeper rooted than others.

We must exercise the patience and the faith for them to do so.

To not go by what we see, but to believe without a doubt that something *is* happening. Our spirit can be trodden underfoot or it can be lifted up, depending on *our learned* responses.

Do we intimidate and bruise or love and heal others with our attempts?

Do we try to get others to take our side by discrediting the so-called *losing party*, to win or satisfy the self?

Are our attempts life giving *or* are we stealing and killing others to be filled at their expense?

We need to *exercise* the skills that will shift *our* ill viewed perspectives if we are to be a benefit to others.

Why would we want to shift it?

To bring about a communication and mutual co-operation that works.

To accomplish a *united* progress, united, because without unity there is no progress.

All is exposed when we open our mouth.

The words we speak tell a story, the story of how **we view our world**.

Do we *know* that there is a powerful God that wants to work *with us*, a God that is *for us*, a God that shows no partiality?

Are we quick to listen to what the spirit says or do we reply to others according to our own imaginations?

Our emotional drive engages according to our beliefs.

If for example we were to look at a situation with two different viewpoints, the outcome of our emotions would be different.

They would be different because of our conditioning.

The loss of a loved one (*perhaps* a sensitive example) but something that occurs, sooner or later.

Yet how we view ones departure, in passing over, or because of their life choices, depends on our conditioning.

It can be seen either that our loved ones in the first instance have returned to their maker or in the second that they may have moved on for their growth.

Letting others go *with love* is the most *unselfish* thing we can *give* to those who depart.

A persons life reminds us that each moment we spend here on earth is a valuable opportunity to give the best we can to each other, leaving footprints on each others hearts.

Do we encourage someone who approaches us, *offering* of themselves, or do we hoo and haaa, finding reasons to block *their* blessing and ours?

Many times we have difficulty in encouraging others because of our own: FEAR, ANGER, INSECURITY and amongst other things FRUSTRATION.

We may have a *feeling* of being powerless over situations, yet we have the power to choose how we deal with what comes to pass.

Yes it comes *to* pass.

Learning and accepting that there is more to life than we grasp, or fully understand.

What do we have to lose in seeing things in a way that helps and encourages *all* to keep running the race of life?

Should we all just curl up and give up at the rejection or discouraging comments of others without a fight for life?

Of course not, all we need to learn is *how* to.

Right at the start, the sperm fights to reach the infertile egg, is it not a fight for life?

In order to do that, we need to unlearn the things that paralysed us in the past.

It takes courage, to challenge the minds old beliefs, to uproot old thinking patterns that are unprofitable.

The question to ask in everything we encounter is, WHAT GOOD IS GOD CULTIVATING AND TEACHING ME WITHIN?

Give us understanding

Give us Lord understanding , make known to our hearts that which the word delights to implant.

We all hear voices, it is our choice to listen, judge, act or respond to others because of them, according to where our obedience lies.

ROMANS 6:16

Do you not know that to whom you present yourselves slaves to obey, you are that ones slaves whom you obey, whether of sin leading to death, or of obedience to righteousness.

Sin: Anything that separates us from love (lack of peace of mind is being outside of love).

ROMANS 7:23

But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

ROMANS 12:4-5

**For as we have many members in one body, but all the members do not have the same function,
So we, being many, are one body in Christ, and individually members of one body.
AMEN**

This means that God knows each and every one of us has a precise function for the specific benefit of each other.
How would God be able to teach us to practice the very things he commands us to if we continually walk the way of man.
The principles of the world have shown us, they do not work for the good, and there is only one that is good, *as we know*.

MATTHEW 19:17

**So He said to him, “ why do you call me good? No one is good but One, that is, God.
But if you want to enter into life, keep the commandments.”**

It is unfortunate though, *if* we do fall, that we do not spot it.

1 TIMOTHY 2:14

**And Adam was not deceived, but the woman being deceived, fell into transgression.
Transgression: overstep.**

JOB 13:23

**How many are my iniquities and sins?
Make me know my transgression and my sin.**

Jobs wife told him to curse God and die, but his response was this: and it should be ours.

JOB 2:10

But he said to her, “ you speak as one of the foolish women speaks. Shall we indeed accept good from God, and shall we not accept adversity?” In all this Job did not sin with his lips.

This may remind us of: the foolish virgins and the lack of oil in their lamps.
We know that the oil we desire can be in us, although it depends on one thing (the condition of our heart).
We may not sin with our mouth but we may do in our heart.
Please God, forbid and let us be sober and vigilant.

1PETER 5:8

Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

We have to continually examine what we allow to filter through our minds and hearts, would we listen to the voices that whisper to our minds knowing that they cause us harm spiritually?
The enemy will tempt from within as well as without.
Sometimes a voice will criticise a brother or a sister and praise God for the times we abort such thoughts.
What happens when someone from outside comes along to reinforce that lie, do we get captured?

2TIMOTHY 2:26

And that they may come to their senses and *escape* the snare of the devil, having been taken captive by him to *do* his will.

Do we walk that way, tempted to see our family members tainted with a lie?
We must refuse to see with the eyes of others.
Would it be the way Christ sees?

When others criticise us, the lesson is to endure.

HEBREWS 10:36-39

For you have need of endurance, so that after you have done the will of God, you may receive the promise: “for yet a little while, He who is coming will come and will not tarry. Now the just shall live by faith; but if anyone draws back, my soul has no pleasure in him.” But we are not of those who draw back to perdition but of those who believe to the saving of the soul.

EZEKIEL 22:9

In you are men who slander to cause bloodshed; in you are those who eat on the mountains; in your midst they commit lewdness.

If you are sitting here believing that these words apply to those around you think again and examine your own heart.

Are we not to stand in the gap for those around us? Or does the Lord allow these things to show us who we are?

What gap you may ask, the gap between hearing and believing the lie.

PSALM 139:19-24

Oh, that You would slay the wicked, O God!

Are not the wicked, the voices that put down our brothers, sisters and ourselves?

Depart from me you bloodthirsty men.

Who are these men?

**For they speak against You wickedly;
Your enemies take Your name in vain.**

So the voices that speak wickedly are also Gods enemies.

Do I not hate them, O Lord who hate You

Do we not hate them, or do we embrace and walk with them as they approach our mind.

**And do I not loathe those who rise up against You?
I hate them with perfect hatred;**

So its not others that we hate but that which contradicts Gods commandments, they are our enemies.

I count them my enemies.

This leaves us with a specific prayer:

**Search me, O God, and know my heart;
Try me, and know my anxieties;**

God will bring about challenges so that he can try us and know us, revealing the things we allow to cause anxieties, the strong man, the man which must die, how else can He our Lord be manifest in us.

**And see if there is any wicked way in me,
And lead me in the way of everlasting.**

The scripture says:

PROVERBS 14:12

**There is a way that seems right to man,
But its end is the way of death.**

We want life and the only way to enter into life is the way that Jesus has shown us.

ROMANS 12:21

Do not be overcome by evil, but overcome evil with good.

I have been in church when voices whisper lies, I have felt the anointing of God as soon as I have caught my self and rebuked the lie.

1JOHN 2:20-1

But you have an anointing from the Holy One, and you know all things. I have not written to you because you do not know the truth, but you know it, and that no lie is of the truth.

The lies can either poison us or remind us to be aware of the ruthless devices used to bring division.

God wants to use us for his goodness and his will, this is an opportunity to exercise keeping our mind to the obedience of Christ.

It is up to each and every one of us to tell the truth to ourselves if we are to move forward and upward to the presence of our Father.

It would be of no benefit to anyone if we think that we are exempt of the devices of the enemy.

Do we see others at fault, continually avoiding them, then we avoid the very thing that causes us to judge others.

JAMES 4:11-12

Do not speak evil of one another, brethren.

Doesn't this also apply to our minds also?

He who speaks evil of a brother and judges his brother, speaks evil of the law and judges the law. But if you judge the law, you are not a doer of the law but a judge.

There is one Lawgiver, who is able to save and to destroy. Who are you to judge another?

1 CORINTHIANS 5:12-13

For what have I to do with judging those also who are outside? Do you not judge those who are inside?

But those who are outside God judges.

Who are outside?

The voices and they do not belong to us, so why on our earth should we allow them to reside within.

1 JOHN 2:19

They went out from us, but they were not of us; for if they had been of us, they would have continued with us; but *they went out* that they might be made manifest, that none of them were of us.

1 CORINTHIANS 5:13

Therefore put away for yourselves the evil person.

You may ask who is this evil person?

This person is that voice we spoke of earlier.

Another way of putting it perhaps is the voice that thinks only as me, myself and I.

1 PETER 4:2

That he no longer should live the rest of his time in the flesh for the lusts of men, but for the will of God.

The lust of man is to obey the voices of this worlds principles, we must continue to obey what is good and acceptable to the ears of God, because guess what?

He hears us justifying ourselves at the cost of those around us.

He hears when we favour ourselves before others.

He knows the quiet motives of our heart, the resentment we hold against our fellow man.

He sees when we deliberately ignore the part we play in creating division amongst our brothers and sisters, and He sees when we pretend not to notice that we do it.

HEBREWS 4:11-14

Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.

For the word of God is living and powerful, and sharper than any two-edged sword, piercing even the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.

And there is no creature hidden from His sight (that includes us) but all things are naked and open to the eyes of Him to whom we must give account.

Therefore we must repent and return to the way of the Lord (turn around our way of thinking).

He makes it quite clear that we must be on alert at all times.
Making sure that the inner man is obeying only the voice of the Holy Spirit.

HEBREWS 5:8

Though He was a son He learned obedience by the things which He suffered.

So let us rejoice in our sufferings, they are the very things that show us what we are truly made of, and they are the things that cultivate the character of God in us.

PHILIPPIANS 1:12

But I want you to know, brethren, that the things which happened to me have actually turned out for the furtherance of the gospel.

So whatever situation we are faced with, lets in all our ways recognise what God is teaching us, not what God is teaching others, that's His business not ours.

THE GAMES WE PLAY

In this journey, (swimming in the river of life) we will most definitely come across many fish, some big, some small.

This of course depends on our perspective and interpretation. We can see them as obstacles or blessings, problems or opportunities, we have the power of choosing to encourage all along the way forward or we can choose to play games with each other, that is entirely up to us.

THE BLAME GAME

All the characters we come across, are for our benefit and our growth.

When is there a feeling of disharmony in our lives?

It is not our minister.

It is not our spouse.

It is not our family.

It is not our children.

It is not our friends.

It is not our brother or our sister.

It is not our job and it is not the person in the sweetshop.

So what is it that is causing the trouble?

Now please get this: It is *our* lack of **IN-SIGHT**.

This can occur when we see from a dim light, a limited perspective.

Information or options that we have not considered before may need to be looked at.

Therefore our vision maybe distorted, this can lead us to blame externally.

The adjustments (internally not externally) can be made.

Not the quick fix, but the long term.

All are sent to us *for* us, sometimes painful but they are divinely disguised to help in teaching us how to stretch our spiritual muscles, beyond our limitations. Perhaps they are sent to exercise our patience, our tolerance level, our love, or maybe it is for us to make adjustments in our communication skills. When we understand this, we learn a new way or attitude that will assist us in getting the correct message across.

THE LANGUAGE GAME

Sometimes we may communicate with others avoiding saying what we really mean, using language in such a way to get what we want. This can only work up to a point. How many times have we told others and ourselves this phrase: “In other words” or “I know what I mean.” This cheats us all because it is in a way dishonest, we must not be afraid to say what we mean, and others must have the same privilege. This may seem a little far-fetched but it can cause so much confusion in the camp. We must honour each other by saying what we mean in a direct, adult fashion, in kindness, with tact, care and love, without going around in circles or beating around the bush. We do not have to understand or judge others if the decisions *they* make do not meet our expectations, only respect their choice, it is after all *their* journey in the flow of life.

THE POWER GAME

No one has the power to give us our emotions, it is only how we process what is going on externally that is the cause of what *we allow* to be going on internally. The only thing that needs to shift when there is disharmony is *our* perspective. No one in his or her right mind is deliberately setting out to hurt, upset or dominate another. This behavior may be projected (unconsciously) from a person, when they *think* that they are threatened or afraid in some way.

THE POOR ME GAME

When we choose this game we become trapped in a place that does not benefit anyone especially ourselves. This is not a heartless statement, unfortunately or fortunately, depending on our perspective, **we all experience dark tunnels.** Surely, there must be a greater purpose for these experiences, otherwise they would not be there. Lets think about this for a moment, is there not a gift in all that comes our way, a spiritual treasure? When we are willing, we *can* find the strength, and the ability to travel *through* each experience. Ultimately seeing the light at the end of every tunnel.

Then again we can choose to wallow, to our hearts content, *if* we believe it will get us anywhere. Personally after many years of playing this game, it finally hit home that this just doesn't flow too well in the river of life.

THE FAULT GAME

Finding fault in others or in life situations is a game that can keep us from the revelations about ourselves.

How we see others tells us more about who *we* are, and this game will hinder our growth. It enforces a belief that says to us that there is a *them* and an *us*, *we* are just fine, and that the problem lies with the *them*.

We can obviously choose to see things differently, we can choose the opportunity to look elsewhere.

We have the answer to overcome the obstacles in our lives.

All we need to do is examine our options more closely, then we can find the way to reach out to others, rather than push them further away by finding fault in them.

Seeking flaws in others and *avoiding* the contact with them is only keeping *us* away from cultivating the skills we *all* possess in our hearts to bring about unity and moving forward hand in hand.

THE FAILURE GAME

We are what we tell ourselves we are.

No one is a failure, we are all learning through trial and error.

It is entirely up to us how quickly we move on from repeating the errors of our ways.

We do not have to fix anyone (including ourselves), we are here to grow.

Comparing and measuring the standards of our growth can cause us to focus on the failures of others or our own, and will not nurture us.

We are not mechanical or plastic people, we are human beings, learning to swim the river of life.

We must put an end to the games we play if we are to move on.

What *are* the motives of our actions?

Good intentions or selfish manipulations?

Strategies discreetly used to get others to be what *we* want them to be?

Can we look within and dare to confront the player of these games?

Who or what may be lurking there?

Is the water murky or clear as crystal, what *are* our motives?

USE ME

Many times we ask to be used and yet we may fail to recognise how or when we are challenged to do so.

Without realising it, we **re-act** to situations as we did as children, a time that perhaps we were not equipped to deal with our surroundings or even shown how to by those we loved and trusted.

We were sometimes afraid, confused and maybe even betrayed, but this does not *have* to apply today, **GOD IS WITH US**.

It is so important that we understand that we are no longer those children, we are now adults who are capable to mature in our ways, more than able to see a positive where there is a negative.

We must not rely on the old emotions when faced with similar situations (familiar scenarios) of our youth.

How can we learn to not fear, *unless* we face *seemingly* fearful situations, they come to teach us that there is really nothing *to* fear, we are only reverting to our old *feelings* of being powerless if we do.

1 JOHN 4: 4

You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

MATT 12:6 6

"Yet I say to you that in this place there is *One* greater than the temple.

JEREMIAH 3:22

"Return, you backsliding children, *And* I will heal your backslidings." "Indeed we do come to You, For You are the LORD our God.

We must not let the past fears block the voice of Gods counsel, we must not stoop to the level of those who think they are able to intimidate, threaten or hurt us.

We must not run away from addressing another with a mature attitude.

Why should we change you may ask?

JOB 4:8

Even as I have seen, Those who plow iniquity And sow trouble reap the same.

JOHN 2:1

My little children, these things I write to you, so that you may not sin. And if anyone sins, we have an Advocate with the Father, Jesus Christ the righteous.

Sin separates us from the Father; sin separates us from internal peace, calm, and joy, an acceptance and a deeper understanding of all that surrounds us.

How can we forgive that which seems unforgivable *unless* we are faced with something that *seems* unforgivable.

How can we love *unless* we are faced with what *seems* so unlovable.

Loving another does not mean that we give them what they want, if our children ask us for a hand grenade, do we give it to them because we love them?

Do we allow the guilt trips or tantrums thrown in our direction to sway us so that we give them what they want, or do we explain the genuine danger and decline their requests?

They may not like or agree with our decisions.

JOHN1: 5

And the light shines in the darkness, and the darkness did not comprehend it.

LUKE 6: 28

"bless those who curse you, and pray for those who spitefully use you.

Not easy, but as the scripture *tells* us: **difficult is the way.**

An expression of love is when you steer another to safety.

Or do we push them deeper into the darkness, a condition of blindness, a place that has no clarity by *our* re-acting.

Surely the new patterns of behaviour must start with us, will others learn according to how we respond?

Fueling and feeding the very behaviour that has worked for others most of their youth, will die when faced with a new response.

2 TITUS 2:22

Flee also youthful lusts; but pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.

23 But avoid foolish and ignorant disputes, knowing that they generate strife.

We must examine the areas of our thinking that are causing not only ourselves to stumble, but also those that we interact with.

When situations arise, it is important to delve inside to see *if* there is a tendency to manipulate others by what we say or do.

We may not be aware that we do it, but if we can be honest, we may realise that we do it for the sole purpose of having our way, an illusion that seems to make us feel powerful or in control, a temporary condition, but a quick fix.

Is it not GOD that is supposed to be in control?

ISAIAH 55:7-8

Let the wicked forsake his way, And the unrighteous man his thoughts; Let him return to the LORD, And He will have mercy on him; And to our God, For He will abundantly pardon.

8 " For My thoughts *are* not your thoughts, Nor *are* your ways My ways," says the LORD.

Questions to consider:

Do we use strategies that we know will sway another to be, do or go the way we want them to for our own gains?

Do we tell ourselves that it is what God wants when in fact it isn't?

Do we persuade others by using terms or borrowed statements of those that are respected, in order to control the path of another?

Either way the strategies differ according to the person.

E.G: Lets use a person that enjoys eating good food, we invite them over, if they decline, do we immediately tell them of the delicious variety of food at their disposal, hoping to tempt them to come?

Do we play the victim who needs *their* personal attendance?

Do we resort to tears hoping to play on another's sympathy for the result that we desire, perhaps a subtle tantrum?

Failing that, do we suddenly recite the guest list hoping that one of the names on the list may appeal to the listener?

Do we use a reputable name just to get things going our way?

Are we trusting in our own abilities?

1CORINTH 2: 4+5

And my speech and my preaching *were* not with persuasive words of human wisdom, but in demonstration of the Spirit and of power,

5. that your faith should not be in the wisdom of men but in the power of God.

JAMES 1:13+14

Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone.

14 But each one is tempted when he is drawn away by his own desires and enticed.

If we were the ones on the receiving end, would we sway from our original decision not to go or are we captured by the temptations coming our way?

Are we honest and firm when we reply, or do we defend and go into long explanations, justifying our decisions?

Do we go with resentments, anger and frustration, because we fear another persons opinion of us?

Do we know who we are?

Are we allowing guilt into our being when we do not please man?

LUKE 16:13

"No servant can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon."

This is an opportunity for the guest to express openly and honestly their decision without being judged, hounded or pressured to please, leaving him/her to be free and confident to attend in the future.

We are used more often than we realise, who and what we allow to have control over our lives is up to us.

One thing is for certain; the quicker we transform our mindsets to Christ's mind the quicker those around us will heal.

Hard pill to swallow

The only way out is in.

Understand the true message the outside is revealing.

Be able to accept that love returned may not be in the image or likeness of the love given.

Unrecognised love (and that is what it is when we cannot comprehend another persons behaviour), it need not be rejected only understood.

Is there an expected way to be loved, and if it is expected then can that actually be love?

Is it a demand? = To claim as a right.

Or

Is it a command? =To receive as due.

If it is claimed as a right, is it forced?

A force that pushes those we wish to love further away?

If it is a command then do our actions cause us to receive?
Actions that inspire those we love to love us equally in return?
Will love then just follow us?
And the next question, when do we receive?

Maybe not as soon as we would like.

So true love is patient, without expectation.
Hard pill to swallow.

The Kidnapper

So we have been kidnapped, and the kidnapper (the father of this world, the energy that thrives from selfishness, the ego) tells us enough to keep us quiet, busy building this world. A world that ultimately will not serve us and most definitely a world we will not take with us when we leave the physical realm.

To have no hopes, dreams or desires and while doing that, the father of this world feeds us with untruths, untruths that will structure our mindset, a mindset that takes us only to earthly limitations.

The kidnapper knows that he would lose his grip on us if we were to find out who we really belong to, who we truly are, where we came from and where we are going.

The kidnapper *knows* that we can do more than we ever imagined, that our true Father has the ultimate power, the authority *over* those earth bound limitations, in other words, we can change anything by calling to Him who's power is limitless, there is no end or barrier that He cannot infiltrate. No door He cannot open. He desires to give it all to us.

The kidnapper did not anticipate that we would find out, and now that we know, he tries to discourage, dishearten and destroy us. Yet all that he sends to distract or frighten us (by planting seeds to bring about doubt of who we are) has become the very tools and stepping stones that teach us to become once again, that which we were originally meant to be.

Nothing is impossible.

Others are finding out the truth, slowly but surely.

The mind will not rest until it has come to the truth. The truth is that the kidnapper never owned us, is not *the* authority over us, he cannot restrain us from the freedom that was always staring us in the face and that we are not the offspring of the kidnapper.